

October 19th, 2010

My dearest brother Momo,

I feel you very close my brother and I love writing to you precisely for that reason! I kept on reading yesterday on the power to create your reality and the actual ownership we have over every single emotion, thought, and sentiment we channel through... One of the main arguments was to recall first of all, our innate divine nature. Now, if you stem from that realization, then you must comprehend that if your “spiritual” self wills it by visualizing it in the prefrontal cortex (this is the part of the brain where all the magic happens), then it is already a reality.

However, since we are always attached to bodily cravings and to these “proofs” of the physical 3D world, then our mind doesn’t allow us to genuinely believe it and thus we remain willing it from the “physical” self... waiting for the proof, remaining skeptical, believing just enough to not believe... and not believe because we think we don’t deserve it. But if you will it from the spiritual arena, and honestly, have a profound conviction that it is so, and visualize it accordingly in the prefrontal cortex, then it is yours, all of it, but you have to feel it.

It is truly powerful to grant ourselves this freedom and this power to truly orchestrate and define each and every one of our situations. The same goes for those “unconscious” desires that somehow we believed so much that ended up as a very palpable scene in our life. Everything is thus as it should be, and there is perfect harmony in that, perfect peace and order. We forget that we willed it, spiritually or physically, consciously or unconsciously, we had a conviction and

what we are living is a perfect representation of those intentions and things that we funneled through... Perfect harmony, order, and balance. Therefore we are not victims of circumstance. We cannot claim “we didn’t know”. We cannot grant ourselves the privilege of remaining ignorant, of saying “but I thought it would be different”.

If we take enough time to dig deep enough, we can unmask our true intentions, bring them out of the unconscious sphere and negotiate their validity in the conscious sphere. We should give ourselves this right, for we sunk these intentions deep into our chest, and we must be courageous enough to face them before we face them in the external reality. If we still will them, then so be it, but what if we can change them? What if we can revisit them and negotiate their truth? What if we can ask ourselves, what do we really, but honestly and really, want? What would be easier? Would it be easier to acknowledge that we secretly hoped for failure because it might give us a tempting chance to feel sorry for ourselves? Or did we hope for failures because we sincerely believed we don’t deserve the success? Or do we simply want a “less than optimal” scenario so we can simply find a more optimal scenario in something else and thus even out the score?

Remember that we are constantly seeking pain because we believe that only from a state of pain could we first seek and then find pleasure... How ironic right? So we continually chastise ourselves and force ourselves to fail because we need the pain to then seek the pleasure. We forget that we own every ounce of pleasure that we could possibly endure, simply if we want to claim the right of ownership. Thus, once we remember that our pleasure is ours to give and receive, then we can do without the pain, and simply stick to the pleasure principle... That way there is no need to fail, no need to suffer, there is only the absolute realization that we WANT

TO CHOOSE AGAIN, and that we choose to will our pleasure spiritually, that we choose life and love and endless possibility, that we own our right to claim what we need and want, and that we can do this ALWAYS.

I am on the path of granting myself the possibility to always choose again, and to acknowledge my freedom and innate ability to grant myself pleasure without the previous experience of suffering and pain. Let's hold our hands in this endeavor my brother!

I love you with all my heart, and today, let me walk with you.